

St Marks RC Primary PSHE overview 2017-18						
	Health and Wellbeing		Relationships	Living in Wider World		
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
WORLD VALUES	RESPECT UNITY	PEACE PATIENCE	SIMPLICITY HAPPINESS	HOPE LOVE	RESPONSIBILITY HUMILITY	FREEDOM TOLERANCE
SEAL TOPICS	New beginnings	Getting on and falling out	Going for Goals	Good to be Me	Relationships	Changes
E SAFETY	See whole school ICT Curriculum, inc parent workshops					
School nurse visits	<p>*Health and Wellbeing- Keeping our hands clean <u>Reception</u></p> <p>*Relationships -My relationships and I <u>Year 4</u></p>	<p>*Health and Wellbeing- looking after my teeth <u>Year 1</u></p> <p>*Relationships NSPCC Pants are private - whole school and discreet <u>Year 5&6 lesson.</u></p>	<p>*Relationships <u>Year 2</u></p>	<p>*Relationships - my body and I <u>Year 3</u></p>	<p>*Health and Wellbeing- hygiene Looking after ourselves <u>Year 5</u></p>	<p>*Health and Wellbeing- Say no to smoking <u>Year 6</u></p> <p>* Health and Wellbeing- My body is changing <u>Year 6</u></p>
Relationships & Sex Education	Followed across school supporting Here I Am curriculum. See separate curriculum for more detail.					
Creative Curriculum - topics	Each year groups Creative Curriculum topics build in opportunities to debate objectives from Living in Wider World theme in relation to other countries/peoples/debate/economies etc					
Whole school activities/focus	<p>*School council elections</p> <p>*Mini-Vinnie nominations</p>	<p>*Anti-bullying week inc strong focus on cyber bullying/ online</p>	<p>World Value - (L3,4) Simplicity - The Simple Rights we all have.</p>			<p>*Transition work - moving up day in school</p> <p>*Transition work</p>

	<p>*Macmillan Coffee morning community fundraiser</p> <p>*Global Citizenship CAFOD enterprise week -fundraising planning, organising and selling products linked to Financial awareness</p>	<p>abuse and Friday assembly to show case work/ learning</p> <p>*NSPCC Pants are private whole school assembly (and discreet lessons in Y5&6)</p>	<p><u>UN Convention - Declaration of the Rights of the child</u></p> <p>Assembly to start the half term and class work leading to whole school display</p>			<p>with high school from year 5 onwards</p> <p>*Sports Day - focus on health, fitness and participation.</p>
NUFC Foundation	<p>Match Fit programme working with children and parents on healthy lifestyles and nutrition. Primary Stars working with Years 5&6 and parents on Themes across the three strands.</p>					

<p>EYFS Also see separate PSED development goals overview</p>	<p>RE - MYSELF - God knows and loves each of us WELCOME - Baptism: a welcome to God's family</p> <p><u>SEAL</u> <u>New Beginnings</u> Develop a sense of belonging An awareness of class rules.</p>	<p>RE - BIRTHDAY - Looking forward to Jesus' birthday.</p> <p><u>SEAL</u> <u>Getting on and</u> <u>Falling out</u> Friendship and cooperation, understanding feelings.</p> <p><u>Say no to bullying</u> what it is, how it feels, why people bully, how we can prevent and respond to it.</p>	<p>RE- CELEBRATING - People celebrate in Church.</p> <p><u>SEAL</u> <u>Going for Goals</u> Understanding self, setting own goals.</p>	<p>RE- GROWING - Looking forward to Easter.</p> <p><u>SEAL</u> <u>Good to be me</u> Standing up for self and understanding & managing own feelings.</p>	<p>RE - GOOD NEWS - Passing on the Good News of Jesus FRIENDS - Friends of Jesus.</p> <p><u>SEAL</u> <u>Relationships</u> Understanding fair and unfair, listening to other people's feelings and respecting other opinions.</p>	<p>RE- OUR WORLD - God's wonderful world.</p> <p><u>SEAL</u> <u>Changes</u> Dealing with change, how they have changed.</p>
--	--	---	---	---	---	---

<p>Year One</p>	<p><i>RE- FAMILIES - God's love and care for every family</i></p> <p>BELONGING - Baptism: an invitation to belong to God's family</p> <p><u>SEAL</u> <u>New Beginnings</u> Creating a safe place, managing your feelings.</p> <p><u>Science - Animals inc humans topic -naming body parts</u></p>	<p>RE - WAITING - Advent: a time to look forward to Christmas</p> <p><u>SEAL</u> <u>Getting on and Falling out</u> Friendship and managing own feelings</p> <p><u>Say no to bullying</u> what it is, how it feels, why people bully, how we can prevent and respond to it.</p>	<p>RE - SPECIAL PEOPLE - People in the parish family - MEALS - Mass, Jesus' special meal</p> <p><u>SEAL</u> <u>Going for Goals</u> Solving problems, setting own goals, learning from our successes.</p> <p><u>Road Safety - Green cross code practice around school streets with Newcastle Council</u></p> <p><u>Science - Light and sound topic - Be safe, be seen road safety link.</u></p>	<p>RE - OTHER FAITHS ISLAM Lent a time for change.</p> <p><u>SEAL</u> <u>Good to be me</u> Problem solving , own gifts and talents.</p>	<p>RE - Holidays and Holydays- Pentacost feast of the Holy Spirit. Being sorry - God will help us to choose well.</p> <p><u>SEAL</u> <u>Relationships</u> Important people feeling loved and cared for. Understanding/ sharing feelings.</p>	<p>RE - NEIGHBOURS - SHARING GOD'S WORLD.</p> <p><u>SEAL</u> <u>Changes</u> Making change happen, overcoming obstacles.</p>
------------------------	--	---	--	--	---	--

Year Two	RE - BEGINNINGS - God is present in every beginning *RE - SIGNS AND SYMBOLS - Baptism <u>SEAL</u> <u>New Beginnings</u> Belonging to the class/community, friendships. Managing exploring feelings. <u>Science - Healthy Humans</u> topic - Importance of healthy eating, exercise, hygiene know that animals reproduce	RE - PREPARATIONS - Advent: preparing to celebrate Christmas <u>SEAL</u> <u>Getting on and Falling out</u> Managing anger, seeing another point of view. <u>Say no to bullying</u> what it is, how it feels, why people bully, how we can prevent and respond to it. <u>Science - Electricity</u> staying safe	RE - BOOKS - used in Church THANKSGIVING - Mass, a special time to thank God <u>SEAL</u> <u>Going for Goals</u> Learning in different ways,, setting own goals. Taking responsibility for own behaviour.	RE- Other faiths Islam OPPORTUNITIES - Lent: an opportunity to start anew <u>SEAL</u> <u>Good to be me</u> Problem solving. Own gifts and talents. Strengths and weaknesses.	RE- SPREAD THE WORD - Pentecost: a time to spread the Good News RULES - Reasons for rules in the Christian family <u>SEAL</u> <u>Relationships</u> Important people managing and understanding own feelings. Making choices, right and wrong.	RE- TREASURES - God's treasure; the world <u>SEAL</u> <u>Changes</u> Making change happen, resolving conflict. Changing behaviour.
-----------------	--	--	--	--	---	---

<p>Year Three</p>	<p>RE - HOMES - God's vision for every family -PROMISES made at Baptism</p> <p><u>SEAL</u> <u>New Beginnings</u> Feeling valued. The need for rules and responsibilities in society. Coping with and exploring feelings.</p> <p><u>Science</u> - Animals inc humans topic - The right amounts of nutrition, the skeleton and muscles.</p> <p>Topic Volcanos - Economic choices , debate topical issues</p>	<p>RE - VISITORS - waiting for the coming of Jesus</p> <p><u>SEAL</u> <u>Getting on and Falling out</u> Compliments and friendship skills. Understanding anger,</p> <p><u>Say no to bullying</u> what it is, how it feels, why people bully, how we can prevent and respond to it.</p>	<p>RE - JOURNEYS - Christian family's journey with Christ LISTENING & SHARING - Jesus gives himself to us</p> <p><u>SEAL</u> <u>Going for Goals</u> Consequences, self as a learner, Reaching/achieving goals.</p> <p><u>Science</u> - Light and dark topic - Be safe, be seen road safety</p>	<p>RE- Other faiths Islam GIVING ALL - Lent: remembering Jesus' total giving</p> <p><u>SEAL</u> <u>Good to be me</u> Assertiveness, understanding and managing own feelings. .</p>	<p>RE - ENERGY - Gifts of the Holy Spirit CHOICES - Importance of examination of conscience</p> <p><u>SEAL</u> <u>Relationships</u> Managing and understanding own feelings. Taking responsibility.</p>	<p>RE - SPECIAL PLACES - Holy places for Jesus and the Christian community</p> <p><u>SEAL</u> <u>Changes</u> Belonging to a group, taking part, understanding exclusion and discrimination.</p>
--------------------------	--	--	--	--	---	---

<p>Year Four</p>	<p>RE - PEOPLE - The family of God in Scripture CALLED - Confirmation: a call to witness</p> <p><u>SEAL</u> <u>New Beginnings</u> Feeling welcome and valued. Managing & Understanding own feelings.</p> <p>Road safety recap with staff - walk to swimming weekly inc crossing busy roads. Water safety - Weekly swimming</p> <p><u>Science</u> - Animals inc humans topic - Purpose of healthy digestive system and teeth.</p>	<p>RE - GIFT - God's gift of love and friendship in Jesus</p> <p><u>SEAL</u> <u>Getting on and Falling out</u> Taking turns and working together, Managing anger and seeing another point of view.</p> <p><u>Say no to bullying</u> what it is, how it feels, why people bully, how we can prevent and respond to it.</p>	<p>RE- COMMUNITY - Life in the local Christian community and ministries GIVING & RECEIVING - Living in communion</p> <p><u>SEAL</u> <u>Going for Goals</u> Understanding goals and consequences, self as a learner.</p>	<p>RE -Other faiths Islam - SELF DISCIPLINE - Celebrating growth to new life</p> <p><u>SEAL</u> <u>Good to be me</u> Assertiveness, coping with worries, fear, anger. Self as a learner, taking responsibility.</p> <p><u>Science</u> - Circuits and Conductors topic - Electricity safety.</p>	<p>RE- NEW LIFE - To hear and live the Easter message BUILDING BRIDGES - Admitting wrong, being reconciled with God and each other</p> <p><u>SEAL</u> <u>Relationships</u> Important people, loss and bereavement. Understanding responsibility/guilt.</p> <p>Bikeability - Road safety and safe riding on paths and roads.</p>	<p>RE- GOD'S PEOPLE - Different saints show people what God is like</p> <p><u>SEAL</u> <u>Changes</u> Belonging to a group, understanding change& responses to change.</p>
-------------------------	--	---	---	---	---	--

<p>Year Five</p>	<p>RE - OURSELVES - Created in the image and likeness of God LIFE CHOICES - Marriage, commitment and service</p> <p><u>SEAL</u> <u>New Beginnings</u> Feeling welcomed and valued. Part of a community. Strategies to control own feelings.</p> <p><u>Science</u> - Animals inc humans topic - Changes as humans develop into old age inc puberty.</p>	<p>RE - HOPE - Advent: waiting in the joyful hope for Jesus.</p> <p><u>SEAL</u> <u>Getting on and</u> <u>Falling out</u> Managing conflict and honesty. Understanding and dealing with anger.</p> <p><u>Say no to bullying</u> what it is, how it feels, why people bully, how we can prevent and respond to it.</p>	<p>RE- Continuing Jesus' mission in diocese MEMORIAL SACRIFICE - Eucharist as the living memorial of Christ's sacrifice</p> <p><u>SEAL</u> <u>Going for Goals</u> Being an effective learner. Understanding goals and challenges.</p>	<p>RE- other faiths Islam - SACRIFICE - Lent: aligning with the sacrifice made by Jesus</p> <p><u>SEAL</u> <u>Good to be me</u> Understanding and managing own feelings. Bereavement and loss. Strategies to cope with disagreements.</p> <p>Visit from Fireman to discuss safe behaviour and fire safety</p>	<p>RE- TRANSFORMATION - Celebration of the Spirit's transforming power FREEDOM & RESPONSIBILITY Commandments enable Christians to be free & responsible</p> <p><u>SEAL</u> <u>Relationships</u> Friendships and stereotypes, understanding embarrassment.</p> <p>Geography topic - Rainforests - Economic choices and discussion on topical issues</p>	<p>RE - STEWARDSHIP - The Church is called to the stewardship of Creators.</p> <p><u>SEAL</u> <u>Changes</u> Insecurities around change. Managing change.</p>
-------------------------	--	--	---	---	--	---

Year Six	<p>RE - LOVING - God who never stops loving VOCATION AND COMMITMENT - priesthood and religious life</p> <p><u>SEAL</u> <u>New Beginnings</u> Feeling welcomed and valued. Part of a community. Understanding transitions.</p> <p>AIM Higher links with University of Newcastle</p>	<p>RE- EXPECTATIONS - Jesus born to show God to the world</p> <p><u>SEAL</u> <u>Getting on and Falling out</u> Friendships and relationships, working in a group. Understanding and dealing with anger.</p> <p><u>Say no to bullying</u> what it is, how it feels, why people bully, how we can prevent and respond to it.</p>	<p>RE - SOURCES - The Bible, the special book for the Church UNITY - Eucharist enabling people to live in communion</p> <p><u>SEAL</u> <u>Going for Goals</u> Self as a learner, setting realistic goals.</p> <p><u>Science -</u> Electricity staying safe</p>	<p>RE - other faiths Islam - DEATH & NEW LIFE - Celebrating Jesus' death & resurrection</p> <p><u>SEAL</u> <u>Good to be me</u> Self-acceptance, understanding own feelings and calming down strategies.</p> <p>First Aid with British Red Cross</p>	<p>RE - WITNESSES - The Holy Spirit enables people to become witnesses HEALING - Sacrament of the Sick</p> <p><u>SEAL</u> <u>Relationships</u> Friendships and stereotypes, understanding embarrassment.</p> <p>AIM Higher links with University of Newcastle</p>	<p>COMMON GOOD - Work of the worldwide Christian family</p> <p><u>SEAL</u> <u>Changes</u> Insecurities around change. Managing change.</p> <p>Science - Animals inc humans topic - Identify the effects of diet, exercise, drugs and lifestyle on their bodies. To INCLUDE <u>energy drinks</u>.</p> <p>Railway safety talk with Police</p>
-----------------	--	--	--	--	---	---