

"Each one of us is precious to God"

*St Mark's Book of Prayer, inspired by Reception Class
and Year 6 Buddies*



Our mission is to promote a sense of self-worth through an understanding that each one of us is precious to God. We will achieve this through providing a quality education, in a happy and secure environment, developing relationships of trust within a Christ centred community.

How to start?

Your fingers can be used to bring to mind different things to pray for.

Thumb-This is the strongest digit on your hand. Give thanks for all the strong things in your life, like home and family, relationships that support and sustain you.

Index finger -This is the pointing finger. Pray for all those people and things in your life that guide you and help you. Friends, teachers, doctors, nurses, emergency services etc

Middle finger-This is the tallest finger. Pray for all the important people who have power in the world, like world leaders and their governments, members of parliament and local councillors, the Royal Family, other world leaders and their governments.

Ring finger-This is the weakest finger on your hand. It cannot do much by itself. Remember the poor, the weak, the helpless, the hungry, the sick, the ill and the bereaved.

Little finger-This is the smallest and the last finger on your hand.



Pray for yourself.

The sign of the cross

In the name of the father

And of the son

And of the holy Spirit **Amen**

A Short Family Prayer

Lord, we thank you for our family

For the talents and good things that you have given each of us

Please guide us, protect us and equip us

This day and every day

As we grow together in Your love

Amen.

Read more: http://www.lords-prayer-words.com/prayers_before/family_prayer.html#ixzz58og1NAvk

Family Prayer

God be with our family,
From the youngest to the oldest,
Lighting up our relationships,
Sowing grace into our troubles.

God be with our family,
Weaving love into our work,
Our rest, and our play.

Amen.

www.lords-prayer-words.com

Our Father

Our Father who art in Heaven,

Hallowed by thy name.

Thy kingdom come, Thy will be done on earth as it is in Heaven.

Give us this day our daily bread,

And forgive us our trespasses, As we forgive those who trespass against us. And lead us not into temptation,

But deliver us from evil. **Amen**

Hail Mary

Hail Mary, full of grace.

The Lord is with thee.

Blessed art thou among women And blessed is the fruit of thy womb,
Jesus.

Holy Mary, Mother of God, Pray for us sinners now, And at the hour of
our death.

Amen

Glory be

Glory be to the Father and to the Son and to the Holy Spirit. As it was
in the beginning is now, and ever shall be, world without end.

Amen.

Angel of God

Angel of God My guardian dear To Whom His love commits me here
Ever this day Be at my side To light and guard To rule and guide.

Amen

Lunchtime Prayer

Bless us, O God, As we sit together, Bless the food we eat today,
Bless the hands that make the food, Bless us O God

Amen

Night Prayer

God our Father, I come to say, Thank you for your love today. Thank
you for my family, And all the friends you give to me. Guard me in the
dark of night and in the morning send your light

Amen

Act of Love

O Lord God, I love you above all things and I love my neighbour for
your sake because you are the highest, infinite and perfect good,
worthy of all my love. In this love I intend to live and die. **Amen.**

School Prayer

Here in our school Let us be peaceful at all times. Let our rooms be
full of happiness and RESPECT for each other. Let love be in our
hearts With kindness and compassion for all. Let us remember In
learning together, We grow together And succeed together. **Amen**

Your own prayers.....