



# Have your Say!

**Help make Newcastle better for people with a learning disability or autism!**

**Do you have a learning disability, autism, or both, and live in Newcastle upon Tyne?**



**Local families and people with a learning disability, autism, or both, are getting together with the council health services and voluntary services to look at how we provide better support for the future.**

**This is your chance to tell us what services you want and need to stay healthy.**



**Have you had problems with your mental health or wellbeing or have been told that you have challenging behaviour?**

**We all struggle with our mental health and from time to time some of us need extra help.**



**People tell us that they don't always get the right help at the right time.**





When things get really bad people can even end up in hospital or involved with the police.

We want to change that.

What services do you want and need to stay healthy and in the community?

The plan will offer

- Good support for people with learning disability, autism or both to have great lives
- Help when you need it, near where you live
- The right help in a crisis
- Services that will keep you well.



When: on **Tuesday 15<sup>th</sup> January 2019**  
at **9.45am** for refreshments



Start at **10.15am** until **2.45pm**



**Free Lunch included**



Where: **The Beacon, Westgate Road  
Newcastle-upon-Tyne, NE4 9PQ**

Contact Joanna to book your place on **0191 281 8737**  
or email: [joanna.routledge@skillsforpeople.org.uk](mailto:joanna.routledge@skillsforpeople.org.uk)

