



# PE and Sports Premium

## School PE and Sports Premium 2017-2018

St Mark's RC Primary

### Aims:

- To improve the quality and breadth of PE and sport provision at St Marks.
- To increase participation in PE and sport.
- To help pupils to develop healthy lifestyles.
- To ensure pupils reach the levels of performance they are capable of in PE and sport.

### Objectives:

- Hire specialist PE trainers or qualified coaches to deliver INSET training to St Mark's staff to maintain high quality PE teaching.
- To pay for professional development opportunities for staff in PE and sport.
- To provide cover to release staff for professional development.
- To embed current scheme of work, focuses on fundamental movement skills.
- Increase pupil participation in the Catholic Schools and local sports competitions.
- Provide increased opportunities for pupils to access after school sports clubs.

Number of pupils on roll: 197

Premium allocated: £8,830

### PE in the curriculum:

Objective	Detail	Cost
Employing specialist games coaches to work alongside staff in lessons to increase subject knowledge.	Coach from Newcastle United Foundation will work with each class through weekly one hour sessions. In the Autumn term Y1& Y2 and Y3&Y4 will focus on team games and skills needed to compete. Y5&Y6 will take part in the Spring Term with Reception starting in Summer.	£4000
Employing specialist games coaches to work alongside staff in lessons to increase subject knowledge.	Instructor from Liz Conway Active Kids will work with Y3 and Y6 through weekly one hour sessions. In the Autumn term they will focus on increased fitness and stamina, Bollywood dancing in the Spring Term and circuit training in Summer.	£3150
Employing specialist swimming instructors to help children learn to swim and develop swimming style, stamina and technique.	Instructor from West Denton Swimming Pool teaching Y4 children to swim in weekly sessions.	£

<b>Increase participation in Physical Activity:</b>		
Objective	Detail	Cost
Buying into existing local sports partnerships.	Take up Bronze SLA with Newcastle School Games team to offer training and expert advice for PE coordinator and staff. Increased access to local competition through School Games SLA	£1200
Increase physical activity during playtime and lunchtime.	Purchase of new play equipment for the EYFS and KS1 playgrounds.	£

<b>Encourage and Develop Healthy Lifestyles:</b>		
Objective	Detail	Cost
To help children and their families to identify healthy food and fitness choices.	Coaches from Newcastle United Foundation will work with each KS2 class through 6 weekly two hour sessions. In the Fitness First program the first hour focuses on healthy food choices and the impact of exercise on our bodies. The second hour is a physical session working on fitness and stamina.	£
To help children and their families to identify healthy food and fitness choices.	Coaches from Newcastle United Foundation will work with each KS2 class through 6 weekly one hour sessions after school. Parents work alongside children to identify healthy opportunities and potential risks to their health. They then work on fitness and teamwork through physical activities.	£

<b>Increase Participation in Inter&amp;Intra Competition</b>		
Entry into external competitions	Football team taking part in Regional Catholic Cup competitions. Registration Fee.	£10
	Teams taking part in Newcastle Catholic Cup competitions. Registration Fee.	£100
	Football team taking part in City Cup competitions. Registration Fee. Transport needed.	£40
	Football team taking part in Duffy League competitions. Registration Fee.	£30

	Girls Football team taking part in West League competitions. Registration Fee.	£30
	Transport and supply cover for football tournaments.	£?
Taking part in intra school athletics competitions.	Take part in school sports day in summer term. Purchase awards and prizes as incentives.	£20
	TOTAL SPENT	£8570?