Coronavirus Resources

* <https://www.mindheart.co/descargables>

Coronavirus story resource for younger children, available in many different languages

* <https://www.youtube.com/watch?v=OPsY-jLqaXM>

Video explaining the coronavirus, how it spreads and how we can stop it.

Primary and Middle School children, but may be suitable for some older students

* <https://www.nhs.uk/apps-library/category/mental-health/>
* <https://www.oxfordhealth.nhs.uk/camhs/bucks/links/apps/>

Links to mental health apps to help cope with anxiety and stress